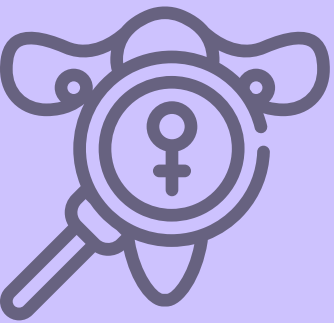


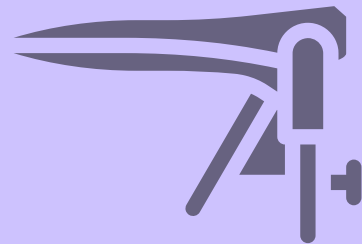
GETTING A PAP SMEAR

What should you expect?

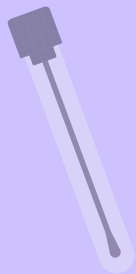


You will be asked to go into an exam room and sit on the bed. When the doctor comes in you will lay on the bed and put your feet up in stirrups.

A doctor will insert a speculum into the vagina (as seen to the right) and that will open the walls of the vagina. This can be uncomfortable.



The doctor will then take a quick swab of the cervix and place it in a container to be sent to a lab for testing.



Why should you get a pap smear?

- A pap smear screens for cervical cancer
- In Canada, 1 in 168 women will develop cervical cancer in their lifetime
- A pap smear can detect cell changes before they become cancer, which can then be treated
- If you have questions about your risk factors, please ask us!

