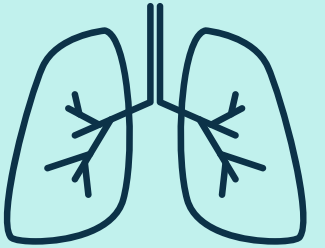




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TUBERCULOSIS

GET
THE
FACTS



Tuberculosis (TB) is an infectious disease usually attacking the lungs, but can affect many parts of our body, including the brain, spine and kidneys. TB has been around for centuries.

What is TB infection:

After breathing in TB, some people are able to trap the germs and keep them inactive. This is called **LATENT TB**:

- Do not feel sick
- Cannot spread TB
- Will have a positive skin test
- Could develop **ACTIVE TB** later in life

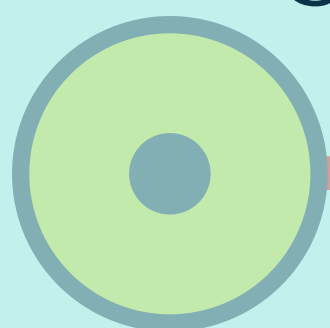
What is TB disease:

Latent TB germs have become active when the body's immunity cannot stop the growth of the TB germs. When this happens the germs cause damage to the body causing symptoms of:

- Cough (lasting longer than 3 weeks)
- Bloody sputum
- Chest pain with coughing
- Fever, chills, nights sweats and fatigue
- Unexplained weight loss and/or decreased appetite

How is TB Spread:

Infected people with TB may spread the infection through air (cough/sneezing) with prolonged exposure.

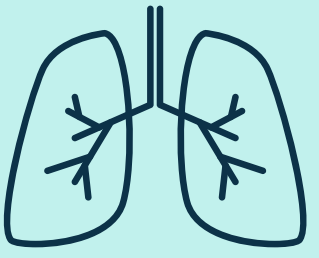




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How is testing completed for TB:

Testing is completed using a skin test (Mantoux Test). A small solution is injected under a few layers of skin creating a bleb. You will have to return to the clinic after 48-72hrs to assess for induration. Induration is a localized area of skin that is hardened. For the test to be positive the induration must be 10mm or greater. A positive test indicates a person has the TB germs. A physical exam, chest x-ray and sputum samples are then collected and checked for the TB disease. A positive test does not mean the person has active TB, it could be latent TB.



48
HOURS



72
HOURS

Contact Us :
343-478-0196

45 Meadow Dr. Tyendinaga
Territory Ontario K0K 1X0

References:

<https://hpepublichealth.ca/wp-content/uploads/2020/02/TB-6-Tuberculosis-Fact-Sheet.pdf>

**REMEMBER! TB IS
PREVENTABLE, TREATABLE,
AND CURABLE!**